



IRIDOLOGY READINGS

Pictures needed for an Iridology Reading



1 Left Iris



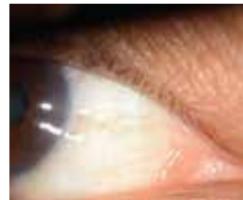
2 Left Nasal Sclera



3 Left Temporal Sclera



1 Right Iris



2 Right Nasal Sclera



3 Right Temporal Sclera

Take 3 pictures of your LEFT eye:

- 1 Looking straight open wide or use finger to open.
- 2 Looking towards your left ear, using your fingers to open your eye as much as possible.
- 3 Looking towards your nose, using your fingers to open your eye as much as possible so I can see the sclera (white part).

Take 3 pictures of your RIGHT eye:

- 1 Looking straight open wide or use finger to open.
- 2 Looking towards your right ear, using your fingers to open your eye as much as possible.
- 3 Looking towards your nose, using your fingers to open your eye as much as possible so I can see the sclera (white part).

TIPS

If you have dark eyes, you may need to use your camera flash or a flashlight and shine it from the side into your eye. You may have to try many times to get a good, in focus photo, it's Ok, keep trying. You want to get the iris in focus and the entire iris (colored part) in the picture without your lids covering it.